

## IMMEDIATE DENTURE POST-OPERATIVE INSTRUCTIONS

BEFORE YOUR APPOINTMENT: Eat a large meal prior to your appointment. Eating will be difficult for the following few days. I would recommend having ice cream and Gatorade on hand for the 2-3 days following your appointment. I would also recommend taking either 600 to 800 mg of Motrin, Advil or ibuprofen OR 650-1000 mg of Tylenol or acetaminophen **one hour prior** to your appointment.

WEARING OF THE DENTURES: By the end of your extraction/denture appointment, you will have received an appointment for a post-operative check. This is usually two days after your extraction appointment. At this appointment, the Dr. will remove the immediate denture from your mouth. **DO NOT REMOVE THE DENTURE PRIOR TO THE DR. REMOVING IT.** There are many reasons for this. *If you are having problems, do not hesitate to contact me at the numbers below.*

**PROBLEMS WITH DENTURES**: The transition from natural teeth to a complete denture is difficult at best.

- Your mouth will feel full and bulky
- You will tend to gag. We will do our best to help with this by adjusting the denture, but much of the success depends on your ability to adapt.
- You will need to adapt your speech. A complete denture is a big piece of plastic in your mouth that will cause you to “relearn” speaking.
- Eating will be difficult at first. Over time, you will adapt and “relearn” eating. The denture(s) will move and you will learn to use your cheeks, lips and tongue to help hold the denture in place.
- When teeth are lost, the supporting bone shrinks. This happens most rapidly in the beginning and most severely on the lower jaw. For this reason, we strongly recommend the placement of implants to help support a lower denture.

Thank you for the opportunity to serve you.

Dr. Scott's Contact Numbers  
Office: 616-891-0004, Cell 616-822-0775